



Come Join Us for a Spirit Filled Weekend of

BASIC RECOVERY

and experience the most effective and successful method ever developed for taking the Twelve Steps, no matter what the addictive, compulsive, or problematic behavior.

Presented By

**Wally P., Tucson, AZ (Archivist, Historian and Author), and
Brit S-P (Audio Archivist, Historian, and Presenter)**

Saturday—Sunday, Oct 31—Nov 01, 2020

**This is a seminar for “anyone or everyone interested in a spiritual way of life.
ALL ARE WELCOME!!!**

Wally and Brit have taken more than 100,000 through the Twelve Steps in seminars and workshops throughout the United States, Canada, and around the world. Now, via Zoom, they will join you in your home or office so you can take the Steps with them and recover “from a seemingly hopeless state of mind and body.”

\$30.00 Per Person ~ Online Registration

<https://shop.aabacktobasics.org/ProductDetails.asp?ProductCode=Sem-Reg-BR>

Registration includes ALL Four Sessions, 20+ Handouts, and a breakout room to make your Surrender (Steps 1, 2+3), take Steps 4+5, and take Steps 8+9 with your sponsor, sponsee, or sharing partner.

See Reverse Side of Flyer for Additional Information and Saturday Agenda

Wally P. has been actively involved with the recovery community for more than 32 years. Wally has been free of drug and alcohol addiction for 32 years, food addiction for 30 years, and sex addiction for 29 years. He has conducted seminars for numerous Twelve-Step fellowships.

He is the creator of the **Back to Basics** and **Back to the Basics of Recovery** programs. In the past 24 years, Wally has personally taken more than 100,000 through the Steps using these formats. These are the most effective and successful methods ever used to take newcomers as well as those with long-term recovery through the Twelve Steps. All "Big Book" passages have been modified so they are gender neutral and apply to everyone, whether they have a problem with drugs, alcohol, food, sex, gambling, finances, relationships, or any other problematic behavior.

Brit S-P. has been actively involved with the first of the Twelve-step communities for more than 30 years. She has been Wally's Co-presenter for the past three years.

Basic Recovery Agenda

Saturday, October 31, 2020 ~ 1:00pm - 4:15 pm EDT

1:00 pm-2:30 pm ~ Session One

Steps 1, 2, and 3 (50 minutes)

Take Steps 1, 2, and 3

Breakout Number One (20 minutes)

Meet with Your Sharing Partner or Partners to Discuss Your Surrender

Questions and Answers (20 minutes)

2:45 pm-4:15 pm ~ Session Two

Step 4 and Setup Step 5 (30 minutes)

Take Step 4 and Explain the Breakout for Step 5

Breakout Number Two (40 minutes)

Take Step 5 with Your Sharing Partner or Partners

Questions and Answers (20 minutes)

Sunday, November 01, 2020 ~ 1:00pm - 4:15 pm EST

1:00 pm-2:30 pm ~ Session Three

Steps 6 and 7 and Setup Steps 8 and 9 (30 minutes)

Take Steps 6 and 7 and Explain the Breakout for Steps 8 and 9

Breakout Number Three (30 minutes)

Take Steps 8 and 9 with Your Sharing Partner or Partners

Questions and Answers (20 minutes)

2:45 pm-4:15 pm ~ Session Four

Steps 10, 11, and 12 (60 minutes)

Take Steps 10, 11, and 12, Including a Five Minute "Quiet Time" to Practice Step 11

Questions and Answers plus "Moving Forward" (30 minutes)