14th Annual LOST TRAIL LODGE
Men’s Retreat
With special guest Wally P.
Author of Back To Basics and How to Listen to God.

Sunday Aug 7th, Monday Aug 8th, Tuesday Aug 9th

List of items to bring:

1. Pen and Notebook for step work!
2. Bug Spray Is A MUST!
3. Sun Screen,
4. River Shoes, Hiking Boots
5. A Lawn Chair
6. A Flashlight
7. Shorts, Sweatshirt, Etc.
8. Sleeping Bag And Pillow
9. A Big Ice Chest, As Many As Possible

Contact Chris @ 916-532-9922