

# 14<sup>th</sup> Annual LOST TRAIL LODGE

Men's Retreat

## With special guest Wally P.

Author of Back To Basics and How to Listen to God.



Sunday Aug 7<sup>th</sup>, Monday Aug 8<sup>th</sup>, Tuesday Aug 9<sup>th</sup>

### List of items to bring:

1. Pen and Notebook for step work!
2. Bug Spray Is A MUST!
3. Sun Screen,
4. River Shoes, Hiking Boots
5. A Lawn Chair
6. A Flashlight
7. Shorts, Sweatshirt, Etc.
8. Sleeping Bag And Pillow
9. A Big Ice Chest, As Many As Possible

**Contact Chris @ 916-532-9922**