**How to Listen to God ~ Women’s Retreat ~ April 8-10, 2011**

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**Mount St Francis Retreat Centre**

41160 Retreat Road

Cochrane, AB T4C 1A6 CANADA

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| **How to Listen to God Agenda****Friday Evening: 7:00 pm – 9:30 pm**Dinner and Session 1: “God Speaks” and “The Four Standards”**Saturday Morning: 9:00 am - 10:30 am** Session 2: “Surrender” (Steps 1-3) and “Sharing” (Steps 4-7)**Saturday Morning/Afternoon: 11:00 am – 3:30 pm**Lunch and One-on-One Sharing of 4th Step Inventory with Sponsor or Sharing Partner (Step 5) | **Saturday Afternoon: 4:00 pm - 5:30 pm** Session 3: “Restitution” (Steps 8-9) and “Guidance” Steps (10-12)**Saturday Evening: 7:00 pm - 9:30 pm**  Dinner and Session 4: “The Five C’s of Life-Changing” (Step 12)**Sunday Morning: 9:00 am - 11:30 am**Session 5: “Guidance Meeting” (Practice Step 11) and “Continuance” (Practice Step 12) |

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| **Directions to Mount St Francis Retreat Centre**41160 Retreat Road, Cochrane, AB T4C 1A6, CANADA‎**From the Calgary International Airport**2000 Airport Rd NE, Calgary, AB T2E 6W5, CANADA**1.** Head **west** on **Airport Rd NE W****2.** Turn right at **19 St NE****3.** Turn left at **Airport Trail NE W****4.** After 1.0 km, merge onto **Deerfoot Trail/AB-2 N** via the ramp to **Deerfoot Trail****5.** After 5.1 km, take the exit onto **Alberta 201 W** | **6.** After 18.1 km, take the exit toward **Rocky Ridge/Royal Oak****7.** After 850 m, merge onto **Crowchild Trail NW/Alberta 1 Alternate W. Crowchild Trail NW** becomes **Bow Valley Trail****8.** After 15.3 km, turn right at **Range Road 40A****9.** After 74 m, turn right at **Range Road 40****10.** After 750 m, take the 1st left onto **Retreat Rd****11.** After 2.5 km, the **Mount St Francis Retreat Centre** is on the R**ight** |

Show: **Text only** | Map | Street View