

# Twelve-Step Workshop

Monroe Community College Theater  
 Building 4, Room 141 (Park in Lot F)  
 100 East Henrietta Road, Rochester, NY 14623

Saturday, Oct. 5, 2013: 9:00 am - 5:00 pm ~ Twelve-Step Workshop—All 12 Steps in 1 day

Sunday, Oct. 6, 2013: 10:00 am - 1:00 pm ~ AA History Presentations (PowerPoint)

**Saturday Morning: 9:00 am - 9:30 am**  
 ● Introductions and Seminar Overview

**Saturday Morning: 9:30 am - 9:45 am**  
 ● Break

**Saturday Morning: 9:45 am - 10:45 am**  
 ● Beginners' Meeting - Session 1~~Steps 1, 2 & 3

**Saturday Morning: 10:45 am - 11:00 am**  
 ● Break

**Saturday Morning: 11:00 am - 12:30 pm**  
 ● Beginners' Meeting - Session 2~~Steps 4 & 5

**Saturday Afternoon: 12:30 pm - 2:30 pm**  
 ● Lunch Break (Lunch in Cafeteria)  
 ● 5th Step with Sponsor or Sharing Partner

**Saturday Afternoon: 2:30 pm - 3:30 pm**  
 ● Beginners' Meeting - Session 3~~Steps 6, 7, 8 & 9

**Saturday Afternoon: 3:30 pm - 3:45 pm**  
 ● Break

**Saturday Afternoon: 3:45 pm - 5:00 pm**  
 ● Beginners' Meeting - Session 4~~Steps 10, 11 & 12



Saturday lunch in the cafeteria must be ordered by 9/30/13. The choices are: Deli Sandwich, Turkey Wrap, Grilled Portabella, Chicken Fajita Salad, or Chef's salad.

To order tickets and lunch, go to [www.rochester-ny-aa.org](http://www.rochester-ny-aa.org) and select "Intergroup Events."

From the West (Buffalo, NY Area)	From the South (Corning, NY Area)	From the East (Syracuse, NY Area)
Take I-90 E/New York State Thruway E toward I-290/Albany (Portions toll). At EXIT 46, merge onto I-390 N toward Rochester. After 4.1 mi, take the RT-15A/E. Henrietta Rd. exit, EXIT 14, toward RT-252/Jefferson Rd. After 0.2 mi, turn left onto RT-15A/E Henrietta Rd. After 1.2 mi, 1000 E HENRIETTA RD is on the right. <i>(Monroe Community College is 0.1 miles past Metro Park)</i>	Take I-86 W/RT-17 W/Southern Tier Expy. Merge onto I-390 N toward RT-15/Rochester/Buffalo. After 68.3 mi, take the RT-15A/E. Henrietta Rd. exit, EXIT 14, toward RT-252/Jefferson Rd. After 0.2 mi, turn left onto RT-15A/E Henrietta Rd. After 1.2 mi, 1000 E HENRIETTA RD is on the right. <i>(Monroe Community College is 0.1 miles past Metro Park)</i>	Take I-90 W/New York State Thruway W toward Buffalo (Portions toll). At EXIT 46, merge onto I-390 N toward Rochester. After Step 3.7 mi. take the RT-15A/E. Henrietta Rd. exit, EXIT 14, toward RT-252/Jefferson Rd. After 0.2 mi, turn left onto RT-15A/E Henrietta Rd. After 1.2 miles, 1000 E HENRIETTA RD is on the right. <i>(Monroe Community College is 0.1 miles past Metro Park)</i>