

Let's get

CK TO TH BASICS

.... of recovery

and TAKE the Twelve Steps the way they were taken in the 1940's and 1950's when we had a 50-75% recovery rate. This seminar is based on the Back to Basics bookpublished in 1997. Since then, more than 750,000 have taken the Steps using this format. Come join us for this **ZOOM** seminar and watch people recover from "a seemingly hopeless state of mind and body" right before your eyes.

Presented By

Wally P. (Archivist, Historian and Author), and Brit S-P (Audio Archivist, Historian, and Presenter)

Saturday—Sunday, January 23—24, 2021

A seminar for "anyone or everyone interested in a spiritual way of life." ALL ARE WELCOME!!!

\$30.00 Per Person ~ Online Registration

https://shop.aabacktobasics.org/ProductDetails.asp?ProductCode=SEM-REG-BR-20201212 or go to www.aabacktobasics.org

or www.facebook.com/backtobasicsofrecovery

Registration includes ALL Four Sessions, 28 Handouts, and a Breakout Room for you and your sponsor, sponsee, or sharing partner to MAKE your Surrender, TAKE Steps 4+5, and TAKE Steps 8+9. You will also have the opportunity to TAKE Step 11 as it was taken during the "Early Days," and learn how to carry our life- saving message of recovery to others.

Sat., Jan 23, 2021 ~ 1:00pm - 4:15 pm EST

1:00 pm-2:20 pm ~ Session One

Overview and Steps 1 2+3 (40 minutes) Take Steps 1, 2 and 3

Breakout Number One (25 minutes)

Meet with Your Sharing Partner or Partners to Discuss Your Surrender

Q+A, Comments, and Your Experience with the Surrender Process (15 minutes)

Sun, Jan 24, 2021 ~ 1:00pm - 4:15 pm EST

1:00 pm-2:30 pm \sim Session Three

Steps 6+7 and Setup Steps 8+9 (35 minutes) Take Steps 6+7 and Explain Breakout for Steps 8+9

Breakout Number Three (40 minutes) Take Steps 8+9 with Sharing Partner or Partners

Q +A, Comments, and Your Experience with the Amends Process (15 minutes)

2:35 pm-4:15 pm ~ Session Two

Step 4 and Setup Step 5 (40 minutes)

Take Step 4 and Explain Breakout for Step 5 **Breakout Number Two (45 minutes)**

Take Step 5 with Sharing Partner or Partners

O +A, Comments, and Your Experience with the Sharing Process (15 minutes)

2:45 pm-4:15 pm ~ Session Four Steps 10, 11, and 12 (60 minutes)

Take Steps 10, 11, +12, Including a Five Minute "Quiet Time" to Practice Step 11

Q +A, Comments, and Your Experience with Steps 11+12 and the Recovery Process (30 minutes)